



1st November, 2017

Volume 16 Issue 6

Dear Members,

BAM Today!

I cannot believe we are nearing the end of the year! So many changes have happened during the year which means we will be entering 2018 as quite a different association. **BAM Today** will be our new slogan to convey that we are moving forward. Times are very much changing in Monaco and the world and looking to the future is an important part of promoting BAM to new and existing members.

November and December are full of our usual events. The Annual Quiz will take place on Thursday 23rd November and will be a combined Happy Hour and social event. Booking form is enclosed.

The Annual Christmas lunch is at the Automobile Club de Monaco on **Wednesday 6th December**. Places are limited so book early and booking form is enclosed. Don't forget forms can also be downloaded from our website.

Some of our Happy Hour venues are changing. It seems that La Cremaillere is closed and Bouchon is closed and is to be refurbished as **Cantinetta Antinori**. If any members have ideas of new and exciting venues please let us know. We are always happy to try out different places.

We are trying a new look *Friday Friendship Club* format by meeting at different venues for tea and chat. The sojourns at Loga Café and Le Tearoom have proved a hit so we will continue with these venues for the foreseeable future.

In Monaco itself, the annual fun fair has already opened on the Port Hercule for the duration of the school holidays. This will be followed by the annual Christmas Fair. The Christmas lights are already being set up in preparation for National Day on 19th November.

The Committee is now looking at planning the BAM stand for the Kermesse on Saturday 2nd December. Any donations of English products will be gratefully received as well as home made produce. Our Stand is very popular and attracts a lot of attention.

Vanessa Ilsley

BAM Happy Hours and Friday Friendship Club

Happy Hour – Thursday 23rd November Happy Hour will be at the **Ship N Castle** from 6-7.30pm followed by the **Quiz Night** at 7.30.

Please note there is **no FFC** on 1 December due to the fact that many members help with setting up at the Kermesse plus a team setting up the BAM stand.

BAM EVENTS



23rd November – BAM Happy Hour and Quiz Night at the Ship-n-Castle; The annual BAM Quiz Night will follow the Happy Hour at 7.30pm. Come and pit your wits against other BAM Members! Cost is 35€ for members, 40€ non-members. Booking form is attached below and is on our web site at <http://bam-monaco.org/bam-events/booking-pages>

6th December – The annual BAM Christmas lunch will take place at the **Automobile Association of Monaco** at 12.30 (for 1pm). The booking form is attached below as well as being on our web site at <http://bam-monaco.org/bam-events/booking-pages> .



15th December - Lunch at the Lycée Hotelier et Technique . We are delighted to announce that the date for the next lunch at the Cordon d'Or restaurant in the Lycée Hotelier et Technique is Friday 15th December. Please email Sarah O'Connor (soconnor@libello.com) if you would like to attend. Places are 17€ (not including wine) and are again limited. The menu for the lunch is as shown:

As previously explained, BAM has been asked to help the students at the LTHM improve their English by asking them questions and generally conversing with them in English as they serve the lunch. BAM members will also be asked to complete a short questionnaire on the students' performance after the lunch.

Déjeuner du Vendredi 15 Décembre

Feuilleté d'Asperges
aux Perles Roses

-o-

Ragoût d'Agneau Printanier

-o-

Tarte au Citron

KERMESSE 2017

The annual Kermesse will be on **Saturday 2nd December** in the Chapiteau in Fontvieille. BAM will again be participating in this annual event and we already have a team ready for selling our Christmas fare on the day. We will have a selection of Christmas puddings, Christmas cakes, tins of shortbread and mince pies and Christmas crackers and other Christmas related products. Some members have been very kind in donating their homemade lemon curd and jams for the stand.

We still need more donations and if anyone has any homemade cakes or jars of produce, we would be delighted to have them. If you are visiting the UK in the next few weeks we would be very grateful if you could bring back any seasonal items we can sell, we can arrange for collection nearer the date. Christmas cards will also be on the stand.

Remember the Kermesse is what in the UK would be called a "Charity Jumble Sale" the prices of all of our homemade produce and shop bought goods on the stand will reflect this.

BAM in the 21st Century

From the January 2018 issue, the BAM newsletter will be a monthly publication. Over the past two years the Newsletter has been issued every 2 months to save on the huge printing and postage costs. For the past year we have received sponsorship for stamps but this ends in December.

The Committee has decided to **only** email the newsletter where possible which will bring BAM in line with many other associations' newsletters and make significant savings. The newsletter will be emailed to all members who have registered an email address with us.

Those **without** email access will continue to receive a printed copy of the newsletter. Copies will be available at all events and Happy Hours.

Bouchon to be the Cantinetta Antinori

After six years Bistrot Bouchon closed for good last weekend. The Monaco Restaurant Group establishment was a favourite for morning coffee and afternoon aperos, but to be honest, it lost its way when the kitchen rejected traditional French bistro dishes for "American healthy" cuisine. Gluten-free, quinoa and kale creations just didn't satisfy.

Now the restaurant is to have a makeover and will reopen as Cantinetta Antinori, the fifth of a Florentine brand that serves Tuscan food with Marchesi Antinori wines. Following expansion to Zurich and Vienna in the 1990s, the concept partnered up with Russian millionaire Arkady Novikov for its Moscow opening in 2004. The Monaco restaurant plans to open on 4 December, just in time for the end of year festivities.

FRIDAY FRIENDSHIP CLUB

We hope members will appreciate that the decision to move away from the Library was not taken lightly as we know Margaret and her team have put a lot of effort into making FFC a warm and welcoming event in St. Paul's Library. However with the lift installation ongoing it has made it difficult for members to get to the Library and we have found many members are disappointed not to be able to join other members for FFC.

I would like to express the Committee's enormous thanks to Margaret and her team (Tess, Gillian, Barbara and others) and those members who have helped from time to time for the dedication to FFC for your continued presence and assistance at FFC over the years.

PARTNER MESSAGES



MAISON DEL GUSTO

This Year don't just give a Gift
MAKE A LASTING IMPRESSION

00377 97 70 87 11
info@maisondelgusto.com

Gardening Corner - Compost

Gardeners have had a terrible bashing this year; mulching may have helped in some cases, either of broken down kitchen and garden waste or purchased compost.

As these difficult weather conditions are predicted to continue, we might turn our thoughts to making our own compost bins. Ideally you need three; once the first is full, you move to the second and then to the third. By then, with luck, the first bin should be full of rich, dark earth.

Site the bins on flat level ground with good drainage.

And now what to include? All kitchen waste – washed crushed egg shells, potato and other vegetable peelings, fruit waste, tea leaves and bags, coffee grounds (especially good) – along with *small* plant prunings, grass cuttings in moderation, some screwed up paper and cardboard.

The secret of good compost is to keep the balance as equal as possible between your 'greens' which create nitrogen and 'browns' which create carbon, and to allow as much air as possible to circulate. Turn the compost with a fork every three to four weeks. If the compost looks dry it should be given a good soak every three to four weeks; if, on the other hand, it looks too wet more dried leaves and other dry garden waste should be added.

At this time of year there are heaps of dead leaves. If you have an excess you can pile them into biodegradable leaf-bags, stacked together; the bags eventually disintegrate leaving a delicious pile of dark crumbly compost which can immediately put onto the flower beds.

As the rains arrive there should still be time to do plenty of things in the garden. If there are soggy leaves on the flowerbeds smothering small plants remove them as they can cause rot; but if they cover nothing, leave them to rot down to make lovely humus.

What NOT to include into your compost !

Certain things must never be included such as meat, gravy, fish or dairy products; no diseased plants, leaves, cat litter, or tiresome weeds such as dandelions and thistles as their seeds germinate. Citrus is slow to rot and acidic and hampers worm activity. And glossy or coloured paper is another no-no.

BAM PATRONS

We thank our Patrons for their continued support of BAM's work within the Principality.

		
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		WWW.STELIOS.ORG

BAM Committee 2017

Vanessa Ilsley	- President	Marie Hayward	- Member
Stephen Bull	- Vice-President	John Luigi Megginson	- Member
Sarah O'Connor	- Honorary Treasurer	Lincoln Phipps	- Member
Petrina Tedeschi	- Honorary Secretary	Yvonne Bernhardt	- Chair of CST
Eric Blair	- Ex-officio member. Honorary Consul	Administrator: Vivienne Taylor	

BOOKING FORM – BAM QUIZ n FISH n CHIPS Ship & Castle, Port de Fontvieille, Fontvieille, Monaco on Thursday, 23rd November, 2017, Starting at 7.30 pm (you can arrive early as the BAM Happy Hour is from 6-7.30pm at the Ship & Castle too).

I/We wish to reserve: members tickets at € 35 each non-members tickets at € 40 each
I enclose a cheque for € payable to "The British Association of Monaco"

NAME [s]:

TELEPHONE/Mobile:email:

Guest(s) Name(s) [please print clearly]

Vegetarian (please state how many).....

Please send the booking form, cheque to: The British Association of Monaco, BP 41, MC 98001 Monaco Cedex. **You will receive a confirmation by email.**

BOOKING FORM – BAM CHRISTMAS LUNCH Wednesday 6th December

Automobile Club de Monaco, Boulevard Albert 1er, Monaco Wednesday 6th December 2017 at 12.30 pm (for 1pm) **CLOSING DATE** for booking: Thursday 30th November (Pre-paid bookings only)

I/We wish to reserve: members tickets at € 60 each non-members tickets at € 70 each
I enclose a cheque for € payable to "The British Association of Monaco"

NAME [s]:

TELEPHONE/Mobile:email:

Guest(s) Name(s) [please print clearly]

Vegetarian (please state how many)..... Allergies

Any special seating requests.....

Please send the booking form, cheque to: The British Association of Monaco, BP 41, MC 98001 Monaco Cedex. **You will receive a confirmation by email.**